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| **Date** | **Hours** | **Description** |
| **September 25, 2009** | **13:45-14:45** | **Opening ceremony**  Welcome address: B Onwubere Opening remark: D Lemogoum ISH message: R Fagard WHF message: H Alderson WHO message: S Mendis NHS message: A Isah Keynote address: O Akinkugbe Opening speech of the Nigerian Federal Minister of Health |
| **14:45-15:45** | **Abstract session 1** (Abstracts from the ISH seminar)  Chair: JP Degaute, Belgium & C Mondo, Uganda |
| **15:45-16:00** | **Coffee Break** |
| **16:00-17:30** | **Abstract Session 2** (Abstracts from the seminar)  Chair: P Nilsson , Sweden & C. Odigwe, Nigeria |
| **17:30-19:00** | **Joint ISH-IFHA-NHS Symposium**  **Theme: Challenging hypertension control in developing world**  Chairs: R Fagard , Belgium and S Kadiri, Nigeria  17:30-17:50 Epidemiology of hypertension in developing World. ***YK Seedat*** 17:50-18:10 Implementation plan for NCD prevention and control and the NCD research agenda. ***S. Mendis*** 18:10-18:25 How do cardiovascular risk factors affect hypertension control in Africa ? ***J Odia*** 18:25-18:40: Barriers to optimal control of Hypertension in Africa. ***Olugbenga Ogedegbe***  18: 40-19:00 **Panel discussion:**  D Lemogoum, A Coca, YK Seedat, J Degaute, C Mondo, M. Rostrup, R Fagard, S Mendis, JR MBuyamba, O Ogedegbe,G Parati |
| **19:00** | **IFHA General Assembly** |
| **20:00** | **NOAAH Investigators meeting – 2nd session**  **==================== END DAY 1 ===================** |
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| **September 26, 2009** | **7:30-8:30** | **Breakfast Workshop**  Chairs: JJ Pik, France & B Longo Mbenza, DR Congo  7:30-7:50 How to manage Hypertension in African Women. ***I Ulasi , Nigeria***  7:50-8:10 How to manage Hypertension in Acute heart failure. ***K Ngu Blackett , Cameroon***  8:10-8:30 Management of Hypertension in ESRD. ***YK Seedat , South Africa*** |
| **8:30-10:30** | **Joint WHF-IFHA-AHN Symposium**  **Theme: Reducing global cardiovascular risk in African population**  **Chairs** : A Coca, Spain & K Akinroye , Nigeria  8:30-8:45: Prevention of heart disease in hypertensive Africans: beyond blood pressure reduction ***D Lemogoum (Cameroon), B Mayosi (South Africa)***  8:45-9:00 Is overweight or its control renoprotective in the hypertensive Africans? ***S Kadiri , Nigeria***  9:00-9:15 Blood pressure reduction for a meaningful life with more brain. ***J Staessen , Belgium***  9:15-9:30 Package of essential interventions for prevention and control of major NCD in primary care. ***S Mendis , WHO***  9:30-9:45 WHO Cardiovascular risk prediction in a Nigerian population. ***B Onwubere***  9:45-10:00 Role of ‘Médecins sans Frontière and other NGOs in Hypertension and CVD prevention and control in Africa. ***M Rostrup , Norway***  10:00-10:15 Economic impact of Hypertension and CVD in Africa. ***K Akinroye, AHN***  10:15-10:30 Strategies for stroke prevention in African settings. ***A Coca, Spain*** |
| **10:30-10:45** | **Panel discussion:** K, Ngu Blackett, H Alderson, J Staessen, K Akinroye, S Mendis, K Cruickshank, P Nilsson, JP Degaute, B Mayosi , B. Longo Mbenza, P Ndobo, JJ Pik |
| **10:30-11:00** | **Coffee Break** |
| **11:00-12:45** | **Teaching Workshop**  Chair: Jan Staessen, Belgium and YK Seedat , South Africa  • 11:00-11-15 Salt and Hypertension in Africa. ***FB Lepira, DR Congo***  • 11:15-11:30 The Role of blood vessel damage in the development of diabetes. ***K. Cuickshank , UK***  • 11:30-11:45 Recent advances in prevention and management of left ventricular hypertrophy in hypertensive patients: implications for Africa. ***R Fagard , Belgium***  • 11:45-12:00 Management of hypertension and related complications in diabetic patients: State of the art. ***P Nilsson , Sweden***  • 12:00-12:15 Management of resistant hypertension. ***A Coca, Spain***  • 12:15-12:30 Management of Hypertension in Acute phase of stroke. ***A Damasceno, Mozambique*** 12:30-12:45 Are African populations particularly prone to risk of stoke? ***O Ogunniyi , Nigeria*** |
| **12:15-13:50** | **NOVARTIS Lunch Symposium: Fixed-Dose combinations in a single Tablet in the Treatment of Hypertension.**  Chairs: J Staessen , Belgium and D Lemogoum , Cameroon • 12:20-12:50 Role of fixed combination therapy for hypertension treatment in Africa. ***Coco A. , Spain***  • 12:50-13:20 Discussant: ***YK Seedat , South Africa***  • 13:20-13:30 Panel discussions  • 13:30-13:45 **NOAAH** study protocol presentation: J Staessen  • 13:45-14:00 **Panel discussion**  Discussants: JR MBuyamba, DR Congo, K Ngu Blackett, Cameroon, A Isah, Nigeria, A Damasceno Mozambique, C Mondo, Uganda, A Amoah, Ghana, D Lemogoum, Cameroon, A Coca, Spain, P Nilsson, Sweden, S Mendis, WHO |
| **14:00-15:00** | **OMRON Symposium: Workshops on Blood Pressure (BP) measurement**  Chairs: S Mendis, WHO, Geneva & M Rostrup , Norway  14:00-14:15 Home and ambulatory BP measurements: indications and implications for public health in Africa. ***R Fagard , Belgium*** 14:15-13:30 Blood pressure recording chart- a tool for participatory BP control ***A Isah, Nigeria*** 13:30-13:45 Blood pressure measurement in Africa and device for BP monitoring in low resource settings. ***G Parati , Italy*** 13:45-15:00 Variability and the morning surge in blood pressure as predictors of outcome: results from the IDACO collaboration. ***J Staessen , Belgium*** |
| **15:00-16:00** | **Poster presentations and lunch** |
| **16:00-16:30** | **Abstract session 3**  **Chairs:** G Parati , Italy and A Amoah, Ghana  • 16:00-16:15: Cardiometabolic risk and HIV/AIDS in SSA. ***B Longo Benza***  • 16:15-16:30 Prevalence of arterial hypertension in sub-Saharan Africa by gender and age: a meta-analysis and estimate of burden. ***M Twagirumukiza, Rwanda*** |
| **16:30-17:30** | **Workshop on arterial stiffness and Cardiovascular Outcome: implications for Africa**  **Chairs** : K Cruickshank , UK Nigeria and A Damasceno, Mozambique  • 16:30-16:45: Arterial stiffness and cardiovascular outcomes: global overview and implication for Africa. ***M Twagirumukiza , Rwanda***  16:45-17:00 Central Homodynamic patterns in the Africans. ***D Lemogoum***  • 17:00-17:15 Mechanical Property of Common Carotid artery and prognosis value in Africa. ***J Toto Moukouo , Cameroon***  • 17:15-17:30: Could arterial stiffness replace risk factors as the index of vascular health? ***K Cruickshank , UK*** |
| **16:45-17:00** | **Coffee Break** |
| **18:30-19:30** | **Closing ceremony**   * Awards ceremony * ISH initiatives for Low and Middle Income Countries, R Fagard * Remarks of the A Isah, President of the NHS * Hypertension control and prevention in Africa : future directions JR MBuyamba-Kabangu * Acknowledgments: B Onwubere and D Lemogoum * Closing speech of Nigerian Minister of Health |

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